

CHAPTER 1 READING QUESTIONS 14th EDITION: The Master Student

First Steps

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- Which of the following does not describe the First Step technique?
 - Telling the truth about who you are and what you want.
 - Recognizing what is working and what isn't working in your life.
 - Acknowledging your positive qualities.
 - Criticizing the way things have been.
- The purpose of the Discovery Wheel in *Becoming a Master Student* is to
 - see if you like college life.
 - focus on your negative learning habits.
 - provide a picture of how you see yourself as a student.
 - test you on your ability to follow directions.
- Which is true of Gardner's ideas concerning multiple intelligences?
 - As individuals we can develop skills in only one of the intelligences.
 - Each of us has all of the intelligences to some degree.
 - The nine intelligences are helpful only in a school environment.
 - Of the nine intelligences, only four are used in a school setting.
- The Power Process: "Ideas are tools" suggests that you should
 - believe in them so that they will all work for you.
 - ask yourself: "What if that idea were true?" when presented with one.
 - test only those new ideas that sound right.
 - throw away an idea if it doesn't first work for you.
- If you have an opportunity to get involved in extracurricular activities on campus, you should do so only if
 - you can skip your lunch hour.
 - the meetings are held when you normally go to the gym.
 - you can reasonably balance your time between school and the activities.
 - you can cut a half-hour time slot from studying.
- The VAK system incorporates three styles or sensory modes of learning that include
 - versatile, automatic, knowledgeable.
 - visual, auditory, kinesthetic.
 - visual, auxiliary, kinesthetic.
 - verbal, auditory, kinesthetic.
- Among the benefits of exploring campus resources is/are
 - it allows you to explore your learning style.
 - it allows you to expand your learning style.
 - it allows you to find where special needs services are if necessary.
 - All of these.
- Metacognition is
 - planning about planning.
 - predicting about predicting.
 - learning about learning.

d. knowing without knowing.

9. The four modes of learning are associated with four questions, including all of the following except

- a. Mode 1: Why?
- b. Mode 2: What?
- c. Mode 3: How?
- d. Mode 4: When?

10. Understanding learning styles can

- a. enable you to become a flexible learner.
- b. enable you to excel in many types of courses.
- c. learn from instructors with many different styles of teaching.
- d. All of these.

11. Which of the following tools can BEST help you get your money's worth in this course?

- a. The glossary
- b. The Student Website for *Becoming a Master Student*
- c. The instructor
- d. None of these.

12. Once you have discovered your strongest multiple intelligences, you

- a. should ignore the weaker intelligences.
- b. can compare and contrast them with the VAK.
- c. can use them to increase your options for success.
- d. should keep them hidden.

13. Multiple intelligences can help you achieve success in which of the following area(s)?

- a. Academics
- b. Careers
- c. Relationships
- d. All of these.

14. Seeing is to visual learning as hearing is to auditory learning as _____ is to kinesthetic learning.

- a. humming
- b. speaking
- c. listening
- d. moving

15. Learning skills that apply across careers is one payoff of

- a. higher education.
- b. hard work.
- c. discovering your personality traits.
- d. exercising the behaviors of a Master Student.

True/False

16. The Discovery Wheel is a picture of how you view your strengths and weaknesses as a student today.

17. An ingredient to success is for students to connect their learning style to school, their major and future career(s).

18. Attitudes are powerful because they create behavior.
19. Being uncomfortable with (or in) a situation is not a normal part of the learning process.
20. Effective affirmations are personal, positive, and written statements in the present tense that describe what you want.
21. Motivation can come simply from being clear about your goals and acting on them.
22. People who favor processing information by reflective observation prefer to jump in and start doing things immediately.
23. People who favor perceiving by abstract conceptualization analyze, intellectualize and create theories.
24. Certain learning styles may lend themselves to specific study strategies that a student can use to foster success in a course.